



CARMEL'S

kitchen & bar

CARMEL'S IS PROUD TO BE A PART OF ASHEVILLE SINCE 2006

Owners Carole and Melissa revel in creating this contemporary Southern Kitchen. Friends, who's names smashed together make "Carmel's", have been dedicated to their craft since 1991. "Our goal is to bring our guests a great experience combining food, service, and atmosphere." So whether you are enjoying a beer on the patio or a four course dinner, relax and enjoy. We love this community, thank you for being our guest. Cheers!

{ENTREES} *Cooked to perfection with the finest ingredients*

FRENCH TOAST
Griddled Ciabatta bread, seasonal fruit topping, whipped cream, warm maple syrup 9.50

QUICHE
Your server will inform you of today's ingredients, served with a house salad 11

BREAKFAST POUTINE*
Fresh cut french fries, sausage gravy, pecan-wood smoked bacon, habanero relish, over easy eggs, Mornay sauce 12

OMELET
Choice of cheese: American, cheddar, swiss or mozzarella; choice of stone ground cheddar grits or red bliss homefries 9.5

Add – Tomatoes, spinach, onions, peppers or mushrooms 1

Add – Pimento cheese, bacon, sausage, ham, or all egg whites 2

HUEVOS RANCHEROS OMELET
Chorizo, onions, black beans, white cheddar, enchilada sauce, pico de gallo, avocado, cilantro-lime crema, crispy fried tortilla strips 12.5

SOUTHERN BENNY*
Poached local eggs over southern style drop biscuit, pulled pork, smoked tomato hollandaise, slow-cooked collard greens 12

THE SUNNYSIDE*
Two sunnyside or scrambled eggs, bacon or sausage, cheddar grits, plain biscuit or biscuit of the day 9.5

FGT & OVER EASY EGG SANDWICH*
Fried green tomatoes, spinach, red onion, cheddar, remoulade on sourdough, grits or potatoes 14.5

CATFISH REUBEN
Fried catfish, buttermilk slaw, swiss cheese, thousand island on Annie's griddled rye 13.5

CARMEL'S BURGER*
8 ounces of prime ground chuck, cheddar, lettuce, tomato, onion 13

Add – Fried egg* or pecan-smoked bacon 2.5

BLT
A Classic! Pecan-smoked bacon, lettuce, tomatoes and Duke's mayo on grilled wheatberry bread 11

Add – Avocado 2.5

Add – Salmon* 6

FRIED CHICKEN & FRENCH TOAST
Ciabatta French toast, fried chicken breast, whipped sriracha butter, warm maple syrup 16

BISCUITS & GRAVY
Sausage-black pepper gravy over two southern-style biscuits 7.5

Add – 2 fried eggs* 3.5

SHRIMP & GRITS
Sautéed shrimp, andouille sausage, bell peppers, spicy creole sauce, cheddar grits 22

{STARTERS & GREENS} *All our salad dressings are made from scratch*

FRIED HOUSE MADE PICKLES
🔥 Chili-spiked sweet bread & butter pickles and
🔥🔥🔥 Smokey-maple fire pickles 7

TOMATO GOAT CHEESE BISQUE OR SOUP OF THE DAY 5/7
Cup/Bowl

PIMENTO CHEESE WITH CROSTINI 9

FRIED GREEN TOMATOES
Fried tomatoes, fresh mozzarella, arugula, balsamic vinaigrette, bacon, basil aioli 10

CARMEL'S KALE SALAD
Chopped fresh kale, grilled corn, red onion, heirloom tomato, guacamole, chili-lime dressing 9/12

BLT SALAD
Heart of romaine, pecan-smoked bacon, tomato, Gorgonzola cheese & buttermilk ranch dressing 6/9.50

CAESAR SALAD
Classic tossed romaine with croutons, parmesan cheese, housemade caesar dressing 6/9.50

SPINACH SALAD
Chiffonade of spinach & romaine tossed with blueberry stilton, spicy walnuts, pear, olive oil, balsamic reduction 7/10

SEASONAL HOUSE SALAD
Roasted red & golden beets, mixed greens, pumpkin seeds, dried cranberries, bleu cheese, blood orange vinaigrette 9/12

★ **MAKE IT A MEAL!** Add to any salad:
4 oz. or 8 oz. Grilled or Blackened Salmon* 6/12
Grilled or Blackened Chicken 6.5
Grilled or Blackened Shrimp 8.5
Crab Cake 12

{GRILLED PIZZAS} *We make our own dough and hand toss it every day*

CAROLINA BBQ CHICKEN
Grilled chicken, red onion, pecan-smoked bacon, Lusty Monk bbq sauce, smoked mozzarella 12

MUSHROOM PIZZA
Confit of mushrooms, Fontina cheese, mozzarella, caramelized onions and drizzle of balsamic reduction, arugula 14

CANDIED TOMATO & BRIE
Brie, candied tomatoes, spinach, sundried tomato pesto, mozzarella & rosemary oil 14

MEAT LOVERS PIZZA
Classic marinara, pepperoni, Hickory Nut Gap sausage, bacon and mozzarella cheese 13

BBQ PULLED PORK
Pulled pork, red onion, cilantro, mozzarella, Cheerwine bbq sauce, habañero relish, hint of lime 12

CHEESE PIZZA 10
Add – Mushrooms, red onion, tomato, spinach 1.50/each

Add – Pepperoni, chicken, bacon, extra cheese 2.50/each

GLUTEN-FREE CRUST 3

{SIDES} *Add a little something extra*

BISCUIT
with butter & local jam or jelly 2

Biscuit of the Day 2

Basket of 4 biscuits 6.5

PECAN-SMOKED BACON OR BREAKFAST SAUSAGE 3.5

STONE GROUND CHEDDAR GRITS OR RED BLISS HOME FRIES 2.5

GRILLED BREAD 2.5

SAUSAGE-BLACK PEPPER GRAVY 3.5

FRESH ORANGE JUICE 4/6

* These items may be cooked to temperature. Consuming raw or undercooked meats, fish, shellfish or eggs may increase your risk of food-borne illness, especially if you have certain medical problems.