



# CARMEL'S

kitchen & bar

midday

## {STARTERS & SHARING}

*Plenty of perfect ways to begin your meal*

<b>FRIED HOUSE MADE PICKLES</b>	\$7
<i>🔥</i> Chili-spiked sweet bread & butter pickles and <i>🔥🔥🔥</i> Smokey-maple fire pickles	
<b>PIMENTO CHEESE</b>	\$9
Our housemade blend of cheeses with jalapenos, garlic crostini	
<b>ROOTS HUMMUS</b>	\$9
Grilled pita, veggies	
<b>FRIED GREEN TOMATOES</b>	\$10
Fried tomatoes, fresh mozzarella, arugula, balsamic vinaigrette, bacon, herb aioli	
<b>PORK SPRINGROLLS (3)</b>	\$10
Pulled pork and shredded cabbage, Cheerwine bbq sauce	

## {GRILLED PIZZAS}

*We make our own dough and hand toss it every day*

<b>CAROLINA BBQ CHICKEN</b>	\$11.50
Grilled chicken, red onion, pecan-smoked bacon, Lusty Monk bbq sauce, smoked mozzarella	
<b>MUSHROOM PIZZA</b>	\$13
Confit of mushrooms, Fontina cheese, mozzarella, caramelized onions and drizzle of balsamic reduction, arugula	
<b>BUFFALO CHICKEN</b>	\$11.50
Grilled chicken, gorgonzola cheese, mozzarella, celery, buffalo sauce, drizzle of ranch	
<b>CANDIED TOMATO &amp; BRIE</b>	\$13
Brie, candied tomatoes, spinach, sundried tomato pesto, mozzarella & rosemary oil	
<b>MEAT LOVERS PIZZA</b>	\$12.50
Classic marinara, pepperoni, Hickory Nut Gap sausage, bacon and mozzarella cheese	
<b>WHITE ZUCCHINI PIZZA</b>	\$11.50
Zucchini, cheese, sauce, fresh ricotta, parmesan	
<b>CHEESE PIZZA</b>	\$9.50
<b>PEPPERONI PIZZA</b>	\$12
<b>GLUTEN-FREE CRUST</b>	\$2.50

## {SOUPS & GREENS}

*All our salad dressings are made from scratch*

<b>TOMATO GOAT CHEESE BISQUE</b>	\$5/7
<b>OR SOUP OF THE DAY</b>	Cup/Bowl
<b>GARDEN SALAD</b>	\$5/7
Mixed greens, cucumber, carrot, tomato, onion, herbed-lemon vinaigrette	
<b>BLT SALAD</b>	\$6/9.50
Heart of romaine, pecan-smoked bacon, tomato, Gorgonzola cheese & buttermilk ranch dressing	
<b>CAESAR SALAD</b>	\$6/9.50
Classic tossed romaine with croutons, parmesan cheese, housemade caesar dressing	
<b>SPINACH SALAD</b>	\$7/10
Chiffonade of spinach & romaine tossed with blueberry stilton, spicy walnuts, pear, olive oil, balsamic reduction	
<b>SEASONAL HOUSE SALAD</b>	\$9/12
Watermelon, baby spinach, arugula, tomato, cucumber, balsamic reduction, feta cheese, sunflower seeds	

\* These items may be cooked to temperature. Consuming raw or undercooked meats, fish, shellfish or eggs may increase your risk of food-borne illness, especially if you have certain medical problems.