



# CARMEL'S

kitchen & bar



brunch

## {ENTREES}

*Cooked to perfection with the finest ingredients*

- FRENCH TOAST** \$9.50  
Griddled Ciabatta bread, seasonal fruit topping, whipped cream, warm maple syrup

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- SHRIMP & GRITS** \$15.50  
Sautéed shrimp, andouille sausage, bell peppers, spicy creole sauce, cheddar grits

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- QUICHE** \$11  
Your server will inform you of today's ingredients, served with a house salad

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- OMELET** \$9.50  
Choice of cheese: American, cheddar, swiss or mozzarella; choice of stone ground cheddar grits or red bliss homefries  
Add – Tomatoes, spinach, onions, peppers or mushrooms \$1  
Add – Pimento cheese, bacon, sausage, ham, or all egg whites \$2

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- HUEVOS RANCHEROS OMELET** \$12.50  
Chorizo, onions, black beans, white cheddar, enchilada sauce, pico de gallo, avocado, cilantro-lime crema, crispy fried tortilla strips

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- CLASSIC BENNY\*** \$11  
Poached local eggs, country ham, chive hollandaise; choice of stone ground cheddar grits or red bliss homefries

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- THE SUNNYSIDE\*** \$9.50  
Two sunnyside or scrambled eggs, bacon or sausage, cheddar grits, plain biscuit or biscuit of the day

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- FGT & OVER EASY EGG SANDWICH\*** \$11  
Fried green tomatoes, spinach, red onion, cheddar, remoulade on sourdough, grits or potatoes

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- CATFISH REUBEN** \$13.50  
Fried catfish, buttermilk slaw, swiss cheese, thousand island on Annie's griddled rye

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- CARMEL'S BURGER\*** \$12  
8 ounces of local grass-fed beef, cheddar, lettuce, tomato, onion  
Add – Fried egg\* or pecan-smoked bacon \$2.50

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- BLT** \$10  
A Classic! Pecan-smoked bacon, lettuce, tomatoes and Duke's mayo on grilled wheatberry bread  
Add turkey \$4  
Add – Salmon \$6

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- FRIED CHICKEN & WAFFLE** \$12  
Belgium Waffle, fried chicken breast, whipped sriracha butter, warm maple syrup

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- BISCUITS & GRAVY (2)** \$7.50  
Black-pepper gravy, local free-range sausage  
Add – 2 fried eggs\* \$3.50

## {SIDES}

*Add a little something extra*

- BISCUIT** \$1.75  
with butter & local jam or jelly

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- Biscuit of the Day \$2

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- Basket of 4 biscuits \$6

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- PECAN-SMOKED BACON, COUNTRY HAM OR HICKORY NUT GAP SAUSAGE** \$3.50

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- STONE GROUND CHEDDAR GRITS OR RED BLISS HOME FRIES** \$2.50

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- GRILLED BREAD** \$2.50

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- SAUSAGE GRAVY** \$3

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- FRESH SQUEEZED ORANGE JUICE** \$4/6

## {STARTERS & GREENS}

*All our salad dressings are made from scratch*

- FRIED HOUSE MADE PICKLES** \$7  
Chili-spiked sweet bread & butter pickles and Smokey-maple fire pickles

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- TOMATO GOAT CHEESE BISQUE OR SOUP OF THE DAY** \$5/7  
Cup/Bowl

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- PIMENTO CHEESE WITH CROSTINI** \$9

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- ROOTS HUMMUS** \$9  
Grilled pita, veggies

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- GARDEN SALAD** \$5/7  
Mixed greens, cucumber, carrot, tomato, onion, herbed-lemon vinaigrette

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- BLT SALAD** \$6/9.50  
Heart of romaine, pecan-smoked bacon, tomato, Gorgonzola cheese & buttermilk ranch dressing

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- CAESAR SALAD** \$6/9.50  
Classic tossed romaine with croutons, parmesan cheese, housemade caesar dressing

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- SPINACH SALAD** \$7/10  
Chiffonade of spinach & romaine tossed with blueberry stilton, spicy walnuts, pear, olive oil, balsamic reduction

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- SEASONAL HOUSE SALAD** \$9/12  
Watermelon, baby spinach, arugula, tomato, cucumber, balsamic reduction, feta cheese, sunflower seeds

**★ MAKE IT A MEAL!** Add to any salad:  
 4 oz. or 8 oz. Grilled or Blackened Salmon \$6/12  
 Grilled or Blackened Chicken \$6.50  
 Grilled or Blackened Shrimp \$8.50

## {GRILLED PIZZAS}

*We make our own dough and hand toss it every day*

- CAROLINA BBQ CHICKEN** \$11.50  
Grilled chicken, red onion, pecan-smoked bacon, Lusty Monk bbq sauce, smoked mozzarella

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- MUSHROOM PIZZA** \$13  
Confit of mushrooms, Fontina cheese, mozzarella, caramelized onions and drizzle of balsamic reduction, arugula

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- BUFFALO CHICKEN** \$11.50  
Grilled chicken, gorgonzola cheese, mozzarella, celery, buffalo sauce, drizzle of ranch

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- CANDIED TOMATO & BRIE** \$13  
Brie, candied tomatoes, spinach, sundried tomato pesto, mozzarella & rosemary oil

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- MEAT LOVERS PIZZA** \$12.50  
Classic marinara, pepperoni, Hickory Nut Gap sausage, bacon and mozzarella cheese

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- WHITE ZUCCHINI PIZZA** \$11.50  
Zucchini, cheese, sauce, fresh ricotta, parmesan

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- CHEESE PIZZA** \$9.50  
Add – Mushrooms, red onion, tomato, extra cheese, spinach, fresh basil, jalapenos \$1.50  
Add – Brie, bacon, pepperoni, pulled pork, chicken, sausage, gorgonzola, smoked mozzarella \$2.50

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- GLUTEN-FREE CRUST** \$2.50

\*These items may be cooked to temperature. Consuming raw or undercooked meats, fish, shellfish or eggs may increase your risk of food-borne illness, especially if you have certain medical problems.